

Temtiwr

Gradd	coch/anodd
Pellter	8.7 km
Amser	0.5 - 1 awr
Dringo	170 m

Dosbarth y llwybr	Coch/Anodd
Yn addas i	Beicwyr mynydd medrus gyda sgiliau oddi ar y ffordd dda. Addas i feiciâu mynydd oddi ar y ffordd o ansawdd da.
Mathau o lwybrau a arwyneb	Yn fwy serth a chaled, trac sengl gan fwyaf gydag adrannau technegol. Disgwyliwrch lawer o arwynebedd amrywiol.
Nodweddion graddiant a thechnegol y llwybr	Fe fydd yna amrywiaeth eang o ddringfeydd a disgyniadau eithaf heriol. Disgwyliwrch ddod ar draws llwybrau bordiau, ysgafellau, creigiau mawr, camau cymedrol, disgyniadau, cambrau, a chroesi dŵr.
Lefel ffitrwydd awgrymiedig	Lefel uwch o ffitrwydd a stamina.

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Grade	red/difficult
Distance	8.7 km
Time	0.5 - 1 hour
Climb	170 m

Bike Trail Grade	Red/Difficult
Suitable for	Proficient mountain bikers with good off-road riding skills. Suitable for better quality off-road mountain bikes.
Trail & surface types	Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types.
Gradients & technical trail features (TTFs)	A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers, water crossings.
Suggested fitness level	Higher level of fitness and stamina.



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Mae'r llwybr byr, technegol hwn yn fan cychwyn da iawn cyn i chi fentro ar deithiau mwy heriol Coed y Brenin.

Mae'n dipyn o her o'r cychwyn cyntaf gyda slabiau a grisiau cerrig.

Mae'n cynnwys ambell nodwedd gradd coch a du, ac allt serth iawn i fyny ffordd goedwig.

Os gallwch chi daclo hwn, fe fyddwch chi wrth eich bodd gyda'n llwybrau eraill.

If you want to try the more challenging trails at Coed y Brenin, then this short but technical trail is a great introduction to show you what's in store.

It's tough right from the start with rock slabs and steps.

It includes some red and black grade features and a long hard forest road climb.

If you can handle this, then you'll love our other trails.





TEMPIWR



- Ilwybr Temtiwr**
Temtiwr trail
- trac sengl**
singletrack
- ffordd coedwig**
forest road
- ffordd cyhoeddus**
public road
- postyn lleoliad**
waymarker
- 203**
- P** parking
- i** information
- toiledu** toilets
- handicap** easy access
- caffi** café
- siop feics** bike shop
- Y Safon Uchaf**
Top of the grade

Cadwch lygad am arwyddion rhybudd "Y Safon Uchaf". Efallai yr hoffech chi gael golwg arny'n nhw cyn mentro.

Look out for these "Top of the grade" warning signs. You might want to inspect these features before you ride them.

