


Tarw Du


Gradd	du/caled
Pellter	20.2 km
Amser	1.5 - 3 awr
Dringo	460 m



Dosbarth y Llwybr	Du/Caled 
Yn addas i	Beicwyr mynydd profiadol, sy'n gyfarwydd â llwybrau sy'n heriol gorfforol. Beiciau mynydd oddi ar y ffordd o ansawdd da.
Mathau o lwybrau a arwyneb	Fel y 'Coch' ond gyda disgwyliaid o fwy o sialens ac anhawster parhaus. Gall gynnwys unrhyw llwybr defnyddiol yn ogystal ag adrannau o fryniau agored digysgod.
Nodweddion graddiant a thechnegol y llwybr	Disgwylwch ddod ar draws nodweddion llwybr technegol a graddiannau helaeth, caled ac anosgoadwy. Fe fydd adrannau'n heriol ac amrywiol. Yn ogystal gellir cael adrannau 'gwaeredol'.
Lefel ffitrwydd awgrymiedig	Addas i bobl actif sy'n gyfarwydd gydag gweithio'n galed.

Tarw Du

Grade	black/severe
Distance	20.2 km
Time	1.5 - 3 hours
Climb	460 m

Bike Trail Grade	Black/Severe 
Suitable for	Expert mountain bike users, used to physically demanding routes. Quality off-road mountain bikes.
Trail & surface types	As 'Red' but with an expectation of greater challenge and continuous difficulty. Can include any useable trail and may include exposed open hill sections.
Gradients & technical trail features (TTFs)	Expect large, committing and unavoidable TTFs. Sections will be challenging and variable. May also have 'downhill' style sections.
Suggested fitness level	Suitable for very active people used to prolonged effort.

Tarw Du



Y Tarw Du - llwybr gwreiddiol Coed y Brenin, y llwybr beicio pwrpasol cyntaf a grëwyd yn y DU, a'r byd o bosib!

Llwybr diguro lle ddechreuodd y cyfan. Y llwybr llwyddiannus hwn sy'n gyfrifol am lwyddiant ein canolfannau beicio ni heddiw.

Yr hen stejar gwreiddiol sy'n dal cystal os nad gwell na'r llwybrau modern a gewch chi mewn llefydd eraill. Creigiog, cyflym, troellog, technegol, yn barod i brofi'ch sgiliau a'ch ffitrwydd i'r eithaf. Ydych chi'n barod i wynebu'r Tarw Du?

The Tarw Du (say Taroo Dee), which is Welsh for Black Bull, was not only the original trail built in Coed y Brenin but it was also the first purpose built mountain bike trail in the UK, and probably the world!

This is where it all started and the success of this trail is why we have so many other great trail centres today.

This is THE classic trail and still knocks spots off more modern offerings elsewhere. It's rocky, it's retro, it's twisty, it's technical, it's fast and will really test your skills and fitness.

Have you got what it takes to ride the Black Bull?

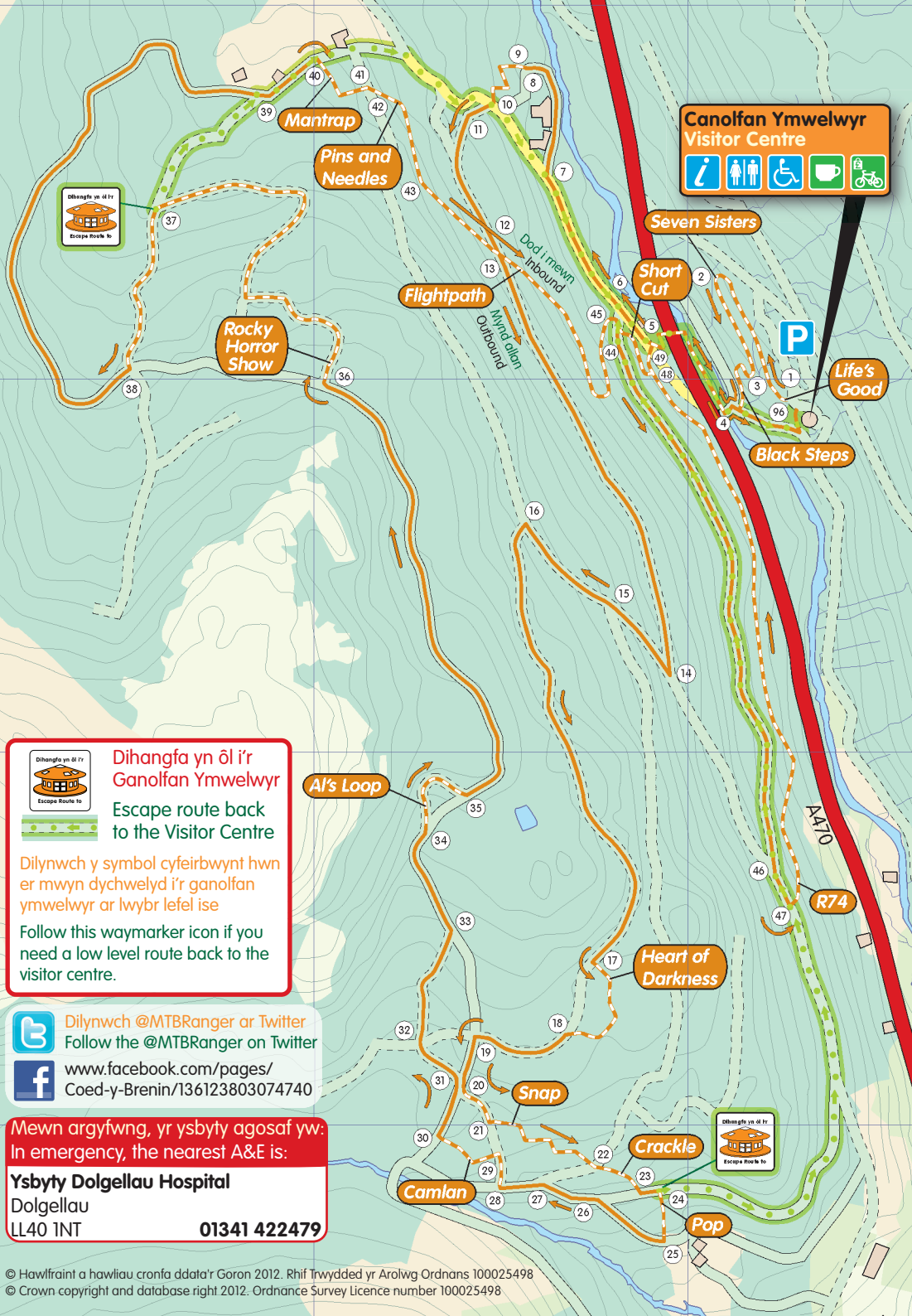




-  llwybr tarw
tarw trail
-  trac sengl
singletrack
-  ffordd coedwig
forest road
-  ffordd cyhoeddus
public road
-  postyn lleoliad
waymarker
-  parcio
parking
-  gwybodaeth
information
-  toiledau
toilets
-  mynediad hawdd
easy access
-  caffi
café
-  siop feics
bike shop
-  Y Safon Uchaf
Top of the grade

Cadwch lygad am arwyddion rhybudd "Y Safon Uchaf". Efallai yr hoffech chi gael golwg arnyn nhw cyn mentro.

Look out for these "Top of the grade" warning signs. You might want to inspect these features before you ride them.





**Canolfan Ymwelwyr
Visitor Centre**

 **Dihangfa yn ôl i'r
Ganolfan Ymwelwyr**
Escape route back
to the Visitor Centre

Dilynwch y symbol cyfeirbynt hwn er mwyn dychwelyd i'r ganolfan ymwelwyr ar lwybr lefel ise

Follow this waymarker icon if you need a low level route back to the visitor centre.

 Dilynwch @MTBRanger ar Twitter
Follow the @MTBRanger on Twitter

 [www.facebook.com/pages/
Coed-y-Brenin/136123803074740](http://www.facebook.com/pages/Coed-y-Brenin/136123803074740)

**Mewn argyfwng, yr ysbyty agosaf yw:
In emergency, the nearest A&E is:**

Ysbyty Dolgellau Hospital
Dolgellau
LL40 1NT **01341 422479**

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