



Llwybr Skyline

| | |
|----------------|-------------------|
| Gradd | coch/anodd |
| Pellter | 46 cm |
| Amser | 4 - 7 awr |
| Dringo | 2000 m |

| | |
|---|--|
| Dosbarth y Llwybr | Coch/Anodd  |
| Yn addas i | Beicwyr mynydd medrus gyda sgiliau oddi ar y ffordd dda. Addas i feiciau mynydd oddi ar y ffordd o ansawdd da. |
| Mathau o lwybrau a arwyneb | Yn fwy serth a chaled, trac sengl gan fwyaf gydag adrannau technegol. Disgwyliwch lawer o arwynebedd amrywiol. |
| Nodweddion graddiant a thechnegol y llwybr | Fe fydd yna amrywiaeth eang o ddringfeydd a disgyniadau eithaf heriol. Disgwyliwch ddod ar draws llwybrau bordiau, ysgafellau, creigiau mawr, camau cymedrol, disgyniadau, cambrau, a chroesi dŵr. |
| Lefel ffitrwydd awgrymiedig | Lefel uwch o ffitrwydd a stamina. |

Skyline Trail

| | |
|-----------------|----------------------|
| Grade | red/difficult |
| Distance | 46 km |
| Time | 4 - 7 hours |
| Climb | 2000 m |

| | |
|--|--|
| Bike Trail Grade | Red/Difficult  |
| Suitable for | Proficient mountain bikers with good off-road riding skills. Suitable for better quality off-road mountain bikes. |
| Trail & surface types | Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types. |
| Gradients & technical trail features (TTFs) | A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers, water crossings. |
| Suggested fitness level | Higher level of fitness and stamina. |

Skyline



Mae'r Skyline yn gawr o lwybr. Sicrhewch eich bod chi a'ch cyfarpar yn hollol barod am reid arwrol ar hyd y nenlinell.

Mae'n dringo ar hyd yr un llwybr cul â **Lefel White** ac yn parhau trwy ddringfeydd hir ar hyd heolydd coedwig gyda disgyniadau melys, rhwydd ar draciau unigol. Wrth edrych tua'r gorwel, cewch olygfeydd heb eu hail dros Fannau Brycheiniog, Mynyddoedd y Preselau, y Mynyddoedd Du ac arfordir De Cymru.

Bydd y llwybr hwn yn profi eich stamina a'ch dewrder, gyda thraciau unigol technegol megis **On The Edge** a **Excalibur**. Eich gwobr fydd gweld golygfeydd yn ymestyn o'ch blaen a disgyniad iasol ar hyd 6 km o drac unigol yn ôl i Lyncorwg. Mae hefyd 2 ddolen llwybr tarw ar y llwybr. Byddwch yn dringo i dir agored hyd at 600 metr uwch lefel y môr, lle gall y tywydd fod yn newidiol dros ben. Unwaith eto, byddwch yn barod.

Skyline is a giant of a ride. Ensure you and your equipment are fully prepared for an epic skyline ride.

Sharing the same sheep-track ascent as **White's Level** and continuing on long, forest road climbs with sweet, flowing technical singletrack descents you will be treated to stunning, skyline views of the Brecon Beacons, the Preselis, the Black Mountains and the South Wales coast.

This route will test your stamina and your nerve, with technical singletrack such as sections **On The Edge** and **Excalibur**. Your reward will be out-stretched views and a nerve-tingling, rocky, 6 km singletrack descent back into Glynorwg. There are also 2 short-cut loops built into the trail. You will experience exposure at altitudes up to 600 metres, and possible extreme weather changes. Again, be prepared.





Skyline

7 SN 831026
Resolfen
A465

SS 920025
8

- Llwybr Skyline
- Skyline Trail
- Trac Sengl Singletrack
- Llwybr byr Shortcut
- Ffordd allan mewn argyfwng Emergency exit
- Man cwrdd ambiwlans Ambulance pick-up point
- Rhif y postyn lleoliad Waymarker number

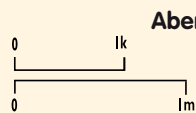
Llwybrau byr Short cuts
18 = 60 22km
36 = 54 36km

Atgynhychir y map hwn o ddeunydd yr Arolwg Ordnans gyda chaniatâd Arolwg Ordnans ar ran Rheolwr Llyfrfa Ei Mawrhydi © Y Goron. Mae atgynhychu heb ganiatâd yn torri hawlfraint y Goron a gall hyn arwain at erlyniad neu achos sifil. Comisiwn Coedwigaeth Cymru 100025498 2010.

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Glyncorrwg Mountain Bike Centre and Ponds

Glyncorrwg Mountain Bike Centre and Ponds



4 SN 848966
Abercregan

10 SS 860964

9 SS 860962
Cymer

5 SS 918957

